

PAIDEIA News

December 10, 2018

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Dear Parents, Guardians, and students,

I hope that everyone is doing well and the nerves have calmed. It has been a very surreal week recovering from the earthquake and taking stock in the fact that although many experienced a lot of damage, everyone is safe and things are slowly returning back to normal. Please know that our building has been inspected and no structural damage was found. We will begin with a normal schedule this week. Our school counselor will be available to talk with any students who may need a little extra support during this transition back to normalcy. We know that we could experience some aftershocks and will plan our last few days accordingly. If you have any questions or concerns please let me know!

Thanks,

Doug

PAIDEIA Cooperative School, Principal

Counselor Comments

We are so thrilled that everyone is safe after last week's earthquake. We are looking forward to having our students back at PAIDEIA and returning to sense of routine in all of our lives. Traumatic events can affect everyone differently, and I wanted to make sure parents and students are aware of how to handle stress and look for triggers in both ourselves and in our children.

Take care of ourselves first. In order to be healthy parents, caregivers and teachers, we need to make sure we are emotionally sound and ready to help our children. Take some time for yourself, regroup yourself as needed so you are better prepared to deal with your child's emotional needs. It is okay to model positive self-care and teach children how to regulate their own emotions and needs.

It is also crucial to let children talk. No matter the age, have them discuss the earthquake, their triumphs, their fears, their anxieties and all their emotions. This may recreate fears and tears, but remind them of the positives. Assure your children that they are safe and how they respectively handled the situation worked well for them. Children are looking for reassurance that the chaos makes some sense to them.

As we prepare for your student to return to PAIDEIA, it is important to return to routine as soon as possible. We anticipate that students will want to discuss the earthquake and their personal stories with our staff and we are ready to hear them. Rest assured, our staff will welcome them to our school with open arms and ready to provide any needed support. If you, your family and/or loved ones need any additional outside resources including counseling, basic care needs or just another adult to touch base to, please do not hesitate to contact Doug or Michelle at any time.

Scheduling a proctor for an exam

To ONLINE students: Please make sure you work to finish courses started in Aug./Sept. by **Dec. 14th**. Lab times for proctoring **post tests** and **final exams** are as follows:
M/W: 8:30-12:00 p.m.
T/TH: 11:00-3:00 p.m.

	<p>Friday 8:30-3:00 p.m.</p> <p>We need to have grades posted by Dec. 21st. Thank you so much for planning accordingly!</p>
Reimbursements	<p>Please begin gathering your 1st semester receipts (dated through Nov. 30th) to turn in NO LATER THAN DEC. 11th at 3:00 p.m. Submit ORIGINAL receipts with the reimbursement form attached to the office. *For any online purchases, submit the invoice/order form, and packing slip for proof of delivery, as well as proof of payment such as a credit card statement/Pay pal. (This process will come to a standstill if any of the parts are missing so please ensure you have followed the protocol!)</p>
December 13th Field Trip (free)	<p>We're very excited about this end of school opportunity at the Anchorage Museum, Thursday Dec 13th. High school age students will participate in a museum-facilitated activity titled Inventive Engineering (maybe earthquake proof structures?!?). K-8 Students who are attending will have fun with teacher-guided activities. Meet at the school at 9:30 a.m. Bring a lunch or money to buy food at the snack shop. Please turn in field trip forms ASAP. We will be walking over so please dress accordingly. K-8 will be looking for a few chaperones to attend. Please be sure to complete the permission slip.</p>
6-8 Grade News	<p>Greetings and Salutations!</p> <p>We need parent volunteers to go to the museum with us on Thursday. We are going to have a fun and relaxing week!</p> <p>https://drive.google.com/open?id=16rtRGDZHPL4txMmkntSaVOhy1aotMcv3</p>
Second Semester Offerings	<p>Between Dec 13-21, advisors will be meeting with students and families to discuss class options for second semester. If you are interested in King Tech or attending a class at your neighborhood school please make contact and fill out the appropriate paperwork. If you have any questions please see your advisor to help get the process going.</p>
Alaska Close Up	<p>Alaska Close Up has been creating Alaska's future leaders for the past 30 years and has served over 3,000 students. The program seeks to instill a sense of civic duty into Alaska's youth, helping to inspire them to participate effectively as informed, responsible citizens of our state. The program teaches students about state government firsthand through hands on activities and arranged field trips that introduce them to the role of the three branches of their state government and their responsibilities as a citizen. Activities include: working with legislators and others in state government to solve a local problem, visiting various government sites, and holding standing committee and legislative session simulations. Each week-long session is packed with exciting activities that are aligned with Alaska Content Standards.</p> <p>This program takes place in Juneau Feb 24 - Mar 1. If interested please contact Ms. Dill. http://serrc.org/alaska-close-up/alaska-close-up/</p>
Important Dates	<p>*Last day of class for the semester is Dec 13</p> <p>*School Field Trip to the Museum on Dec 13</p> <p>*Student Learning Plan Meetings are scheduled between Dec 13-19</p>

PAIDEIA Website

<https://www.asdk12.org/paideia>